



Curriculum Night

Thursday, January 16th
6:00 PM - 8:00 PM

Family and Consumer Sciences

Have you ever wished there was a class in school where students learn important, practical life skills that prepare them for the real world?

For example:

- Cooking for the family
- Cleaning and organizing the home
- Repairing clothing
- Managing money and other resources
- Taking care of younger children
- Washing clothes
- Using a sewing machine
- Being an informed citizen



Good news: Family and Consumer Sciences is that class!



KJMS is proud to offer two levels of Family and Consumer Sciences, called FCS 1 and FCS 2. Each class is one semester long, and students can choose to take one or both classes while at KJMS.

We recommend that students take FCS 1 before taking FCS 2.

Family and Consumer Sciences 1

This is an exploratory class to prepare students for family and work life and help them learn to balance their multiple roles and responsibilities as students, family members, and citizens.

Areas covered are:

- Nutrition, Wellness, and Food Preparation
- Child development, Family and Household Management
- Consumer and Family Resources
- Textiles, Sewing Techniques and Apparel Maintenance
- Interpersonal Relationships
- Maintaining Personal Environments
- Leadership Skills and Career Exploration



Examples of FCS 1 Assignments:

Hand Sewing: “Ugly” Dolls



Examples of FCS 1 Assignments:

Machine sewing: Pillow and Drawstring Bag



Examples of FCS 1 Assignments:

Cooking: Pancakes, Pupusas, Mac and Cheese



Family and Consumer Sciences 2

This is an extension of the topics learned in FCS 1. We will continue to explore aspects of our community, engage students, and help them learn to balance their multiple roles and responsibilities as students, family members, and citizens.

Areas covered are:

- Nutrition, Wellness and Food Preparation
- Leadership, Volunteerism, Entrepreneurship
- Consumer Rights and Global Conservation
- Textiles, Living Environment, and Recycling
- Goal Attainment and Financial Impact
- Managing Change and Community Impacts on Personal Self



Examples of FCS 2 Assignments:

Cooking: Cupcake Wars Competition



Questions about Family and Consumer Sciences?

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